

EDUCATOR · REIKI HEALER · YOGA VOLUNTEER · COMMUNITY WORKER

I work at the intersection of *education*, awareness, and *community wellbeing*.



A commitment to growth, awareness, and service — bridging structured learning with holistic wellbeing.

Ghaziabad

Delhi NCR

Ujjain

ABOUT

A commitment to growth, *awareness*, and service.

I am an educator and wellness practitioner whose work bridges the worlds of structured learning and holistic well-being. With experience teaching Social Studies, English, and Phonics to young learners, I bring patience, clarity, and genuine care to every classroom.

Beyond formal education, I have trained in Reiki healing and yoga — practices I view not as alternatives to conventional support, but as complementary tools for emotional awareness. My approach is grounded in the belief that true growth begins with self-understanding — recognizing the patterns, emotions, and energies that shape our responses to the world.

Having completed my B.A. (Hons) in Political Science in 2026, I maintain an active engagement with social issues and community development. My participation in forums like the Young Thinkers Forum at IIT Indore reflects my commitment to intellectual dialogue and meaningful contribution.

I work quietly, with intention — believing that awareness, not effort alone, is often the missing piece in personal and collective transformation.

EXPERIENCE

Teaching with *purpose* and intention.

● Educator

Unacademy · Remote · April 2026 – Present **CURRENT**

Teaching and mentoring learners in an online format, extending my classroom practice to a wider, self-directed audience.

○ Social Studies, English & Phonics Teacher

Dashamlav Institute · Ujjain · Until April 2026

Developed engaging curricula for young learners, fostering critical thinking and communication skills through interactive teaching methodologies.

○ Phonics & Grammar Teacher

Phonics World · Ujjain

Specialized in foundational language skills, helping students build strong reading and writing abilities through structured phonics-based instruction.

EDUCATION

Academic *foundation.*

B.A. (Hons) Political Science

GRADUATED 2026

Vikram University, Ujjain

An honours degree with a focus on political systems, governance, and social policy — building a foundation for understanding the structures that shape communities and societies.

Continuous learning *and engagement.*



Certified Yoga Volunteer

Trained to guide and support yoga practices for community wellness initiatives.



Certified First Degree Reiki Healer

Completed formal training in Reiki healing techniques for energy work and emotional support.



Young Thinkers Forum Conference

Participated at IIT Indore, engaging with emerging ideas in social development and education.

AREAS OF FOCUS

Where passion *meets purpose*.

Education

Emotional Awareness

Healing Practices

Community Work

Social Development

PHILOSOPHY

"Many struggles arise not from lack of effort, but lack of awareness — of emotions, energy, and inner patterns."

This belief shapes every aspect of my work — from the classroom to community spaces. I approach each interaction as an opportunity to foster not just knowledge, but genuine understanding and self-awareness.

CONTACT

Let's connect.

I'm open to conversations about education, community work, speaking opportunities, and collaborative projects focused on awareness and well-being.

[Email](#)[LinkedIn](#)

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